



Instructor Guidelines

Overview of the NSC Chronic Offender Course by Session and Lesson

Lesson	Lesson Title	Length	Lesson	Lesson Title	Length
Session 1: I Need to Know!		120 minutes	Session 3: The Reality of My Choices		120 minutes
1-1	Introduction and Registration	30 minutes	3-1	My Obituary	10 minutes
1-2	Needs and Wants	20 minutes	3-2	What Happened to My World	15 minutes
1-3	Deadly Facts	15 minutes	3-3	It Happened to Others	10 minutes
1-4	The Human Body in a Motor Vehicle Collision	20 minutes	3-4	Real Life	15 minutes
1-5	My Pictures	15 minutes	3-5	What Could Have Happened	15 minutes
1-6	What Motivates Me?	20 minutes	3-6	Death	15 minutes
Session 2: What I Choose to Do		120 minutes	3-7	A Life Altered	25 minutes
BREAK		15 minutes	BREAK		15 minutes
2-1	What I Have Accomplished	20 minutes	Session 4: Taking Responsibility		120 minutes
2-2	What Needs I Meet by Driving as I Do	25 minutes	4-1	GPS to Self-Discovery	20 minutes
2-3	Consequential Behavior	15 minutes	4-2	Let Me Be the Judge	20 minutes
2-4	What I Can Really Control	15 minutes	4-3	My Choices	25 minutes
2-5	Four Questions	30 minutes	4-4	My Personal Plan	20 minutes
			4-5	What Others Think	20 minutes
			Course Conclusion and Final Exam		15 minutes