

Overview of DDC Attitudinal Dynamics of Driving Course, Fifth Edition, by Module and Lesson

4-hour

Lesson	Lesson Title	Length		Lesson	Lesson Title	Length
Module 1: Driving in the Real World		75 minutes		Module 4: My Plan		35 minutes
Lesson 1	Course Introduction	30 minutes		Lesson 1	SAMRIC Plan	10 minutes
Lesson 2	My Current Driving Behaviors	10 minutes		Lesson 2	Make a Plan to Change	15 minutes
Lesson 3	How Basic Needs Drive Behavior Choices	20 minutes		TEST		10 minutes
Lesson 4	What Matters to You?	15 minutes				
Module 2: What Motivates My Behavior		60 minutes				
Lesson 1	Self-assessment Profile	10 minutes				
Lesson 2	Your Driving History	10 minutes				
Lesson 3	What Can Happen	15 minutes				
Lesson 4	Behavior Choices	15 minutes				
BREAK		10 minutes				
Module 3: Defense is the Best Offense		70 minutes				
Lesson 1	Preventability in Defensive Driving	10 minutes				
Lesson 2	Speeding	10 minutes				
Lesson 3	Safe Passing	5 minutes				
Lesson 4	Following Distance	5 minutes				
Lesson 5	Aggressive Driving and Road Rage	10 minutes				
Lesson 6	Right-of-Way	10 minutes				
Lesson 7	What Do You Know About State Laws?	15 minutes				
BREAK		5 minutes				

6-hour

Lesson	Lesson Title	Length	Lesson	Lesson Title	Length
Module 1: Driving in the Real World		85 minutes	Module 4: What Do You Know		60 minutes
Lesson 1	Course Introduction	30 minutes	Lesson 1	What Do You Know About State Laws?	10 minutes
Lesson 2	My Current Driving Behaviors	10 minutes	Lesson 2	Suspended, Revoked, Canceled and Surrendered Licenses	15 minutes
Lesson 3	How Basic Needs Drive Behavior Choices	20 minutes	Lesson 3	Right-of-Way	15 minutes
Lesson 4	What Matters to You?	20 minutes	Lesson 4	What Are You Learning About Yourself?	20 minutes
BREAK		5 minutes	Module 5: Becoming a Responsible Driver		60 minutes
Module 2: What Motivates My Behavior When I Drive		65 minutes	Lesson 1	Aggressive Driving and Road Rage	20 minutes
Lesson 1	Self-assessment Profile	10 minutes	Lesson 2	Distracted Driving	15 minutes
Lesson 2	Your Driving History	10 minutes	Lesson 3	Personal Responsibility	10 minutes
Lesson 3	What Can Happen?	20 minutes	Lesson 4	Hazard Recognition and Preventability	10 minutes
Lesson 4	Behavior Choices	20 minutes	Lesson 5	Impaired Driving	5 minutes
BREAK		5 minutes	Module 6		Skip for 6-hr
Module 3: Defense is the Best Offense		55 minutes	Module 7		Skip for 6-hr
Lesson 1	Preventability in Defensive Driving	15 minutes	Module 8: My Plan		35 minutes
Lesson 2	Speeding	15 minutes	Lesson 1	SAMRIC Plan	10 minutes
Lesson 3	Safe Passing	10 minutes	Lesson 2	Make a Plan to Change	15 minutes
			TEST		10 minutes

Lesson 4	Following Distance	10 minutes
BREAK		5 minutes

8-hour

Lesson	Lesson Title	Length	Lesson	Lesson Title	Length
Module 1: Driving in the Real World		90 minutes	Module 4: What Do You Know?		70 minutes
Lesson 1	Course Introduction	30 minutes	Lesson 1	What Do You Know About State Laws?	10 minutes
Lesson 2	My Current Driving Behaviors	10 minutes	Lesson 2	Suspended, Revoked, Canceled and Surrendered Licenses	15 minutes
Lesson 3	How Basic Needs Drive Behavior Choices	20 minutes	Lesson 3	Right-of-Way	15 minutes
Lesson 4	What Matters to You?	20 minutes	Lesson 4	What Are You Learning About Yourself?	20 minutes
BREAK		10 minutes	BREAK		10 minutes
Module 2: What Motivates My Behavior		70 minutes	Module 5: Becoming a Responsible Driver		55 minutes
Lesson 1	Self-assessment Profile	10 minutes	Lesson 1	Aggressive Driving and Road Rage	20 minutes
Lesson 2	Your Driving History	10 minutes	Lesson 2	Distracted Driving	15 minutes
Lesson 3	What Can Happen?	20 minutes	Lesson 3	Personal Responsibility	10 minutes
Lesson 4	Behavior Choices	20 minutes	Lesson 4	Hazard Recognition and Preventability	10 minutes
BREAK		10 minutes	Module 6: Impaired Driving		30 minutes
Module 3: Defense is the Best Offense		60 minutes	Lesson 1	Substance Impairment	10 minutes
Lesson 1	Preventability in Defensive Driving	15 minutes	Lesson 2	Fatigued Driving	10 minutes
Lesson 2	Speeding	15 minutes	BREAK		10 minutes
Lesson 3	Safe Passing	10 minutes	Module 7: Planning a Change		60 minutes
			Lesson 1	Types of Behavior	10 minutes
			Lesson 2	Examples of Responsible and Respectful Driving Behaviors	10 minutes
			Lesson 3	Analyzing Driving Choices and Behaviors (video)	10 minutes

Lesson 4	Following Distance	10 minutes
BREAK		10 minutes

Lesson 4	Basic Needs that Influence Driving	10 minutes
Lesson 5	Alternative Behavior Choices	10 minutes
BREAK		10 minutes
Module 8: My Plan		45 minutes
Lesson 1	SAMRIC Plan	10 minutes
Lesson 2	Make a Plan to Change	15 minutes
Lesson 3	Peer Review of Plans	10 minutes
TEST		10 minutes