

Defensive Driving Course

10TH EDITION

The **NSC Defensive Driving Course** is recognized for its leading edge curriculum, defensive driving strategies, hazard recognition exercises and learner retention strategies. The 10th Edition delivers a multimedia presentation with a full library of new videos and the most relevant content conforming to today's driving challenges, behaviors, incident rates, road conditions, traffic laws and more.

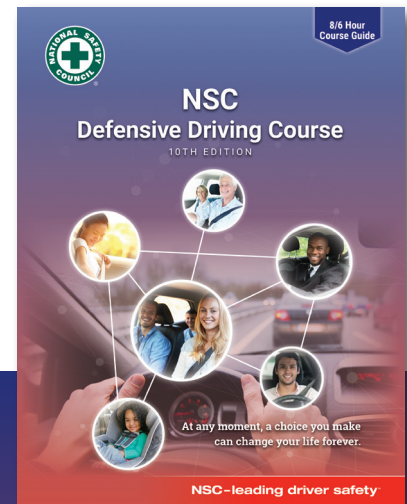
You decide the course length you want to teach. Consider training schedules, safety goals, incident rates and patterns, and the employee's defensive driving behaviors and skill level. When different training situations arise or when requirements vary, you have the flexibility to offer the 8-hour format at a new employee safety orientation, and then later offer the 4-hour for refresher or post-incident training.

What participants will learn

Whether your employees are experienced drivers, assuming new driving responsibilities, or simply commuting to and from work, this Course will provide them with safe driving knowledge and collision prevention strategies that focus on **behavior, judgment, decision making and consequences**. Offering fact-based data, this course will help influence learners to make positive choices to improve driving behaviors and attitudes and encourage respectful and lawful decisions to avoid collisions and decrease traffic violations.

Focusing on behavior-modification strategies and techniques the course now includes greater emphasis on:

- ▶ Distracted, fatigued and impaired driving
- ▶ Substance impairment
- ▶ Sharing the road
- ▶ Habits of defensive driving
- ▶ Vehicle technology and safety features
- ▶ Personal driving behaviors and risk-taking tendencies
- ▶ Hazard identification and risk-assessment challenges
- ▶ Scenario-based training
- ▶ Application of knowledge and skills testing
- ▶ Personal plan for making effective driving choices



The most comprehensive driver safety program gives instructors the flexibility to teach the course in **8-hour, 6-hour or 4-hour formats!**

To learn more about the National Safety Council **Defensive Driving Course**, go to nsc.org/DDC10-Learn

See reverse side

Eliminating Preventable Deaths®

Defensive Driving Course

10TH EDITION



The Defensive Driving Course, 10th Edition is a 3-in-1 driver safety program.

Your teaching material will contain all three formats, 8-hour, 6-hour and 4-hour

For a detailed overview of each course by session and lesson

nsc.org/DDC10-Overview

Course features and overview

The **8-hour** format integrates more than **60 minutes of all-new video**, animated graphics and illustrations. From hazard recognition scenarios to risky driving evaluations to vehicle maintenance checkpoints, the multimedia presentation reinforces the key learning points and strengthens the participants' understanding of the benefits of choosing safe, responsible driving. Total video duration will vary based on course length. For a closer look at the videos in the course, visit **nsc.org/DDC10-videos**

8-Hour Course

Our most comprehensive defensive driving curriculum. This 8-hour, highly interactive classroom course provides the highest level of defensive driving knowledge and skills, the benefits of being a safe and responsible driver and the techniques for avoiding high-risk driving behaviors. Throughout the course, hazard recognition scenarios and the skills needed for dealing with immediate danger and anticipating potential hazards are the principal learning points.

6-Hour Course

The foundation of defensive driving. The 6-hour course provides the primary knowledge and skills for defensive driving and describes techniques for avoiding high-risk driving behaviors. Participants will learn that the right attitude can prevent collisions and understand the consequences of poor-decision making.

4-Hour Course

Refresher training for all employees. The 4-hour abbreviated course provides drivers with the key learning points from our 6-hour course and offers fundamental defensive driving knowledge, skills and techniques.

Getting started with NSC Instructor Certification

Become certified to teach the Defensive Driving Course through NSC eLearning Instructor Certification Training. You can schedule training at your convenience. The web-based program invites candidate instructors to complete the course at their own pace, with the added benefits of eliminating travel expenses and less time away from home and work.

The Instructor Certification Course combines best practice instructor facilitation and training methods for teaching defensive driving, instructions on how to teach the course along with scenario-based training depicting actual instructor-student interactions. Learn more about eLearning Instructor Certification at **nsc.org/Certified-Instructor**

Call us today to learn more
(800) 621-7619

Visit: **nsc.org/DDC10-Learn**
Request info: **nsc.org/DDC10-Info**



Defensive Driving Course

10TH EDITION

What's New!

The Defensive Driving Course, the most comprehensive driver safety program offered by the National Safety Council provides instructors the flexibility to teach the course in **8-hour, 6-hour or 4-hour formats—without ever changing their Instructor Course Materials!**

NSC is globally recognized for its leading edge curriculum, defensive driving strategies, hazard recognition exercises and learner retention strategies. The 10th edition delivers a multimedia presentation with a full library of new videos and the most relevant and compelling content conforming to today's driving challenges, behaviors, incident rates, road conditions, traffic laws and more.

The 8-hour course integrates more than 60 minutes of behavior-modifying videos, animated graphics and illustrations.

From hazard recognition scenarios to high-risk driving assessments, the multimedia presentation reinforces the key learning points and strengthens the participants' understanding of the benefits of choosing safe, responsible driving. Total video duration will vary based on course length. For a closer look, visit nsc.org/DDC10-videos

Focusing on key issues and behavior-modification strategies

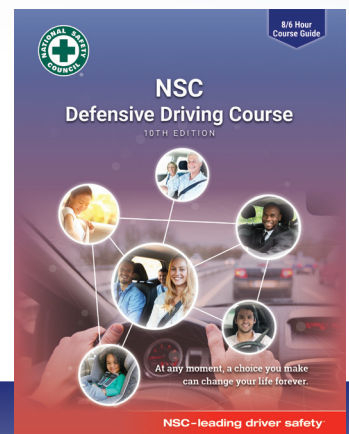
The completely revised course brings new energy and excitement to the classroom with even greater emphasis on:

- ▶ Distracted, fatigued and impaired driving
- ▶ Substance impairment
- ▶ Sharing the road
- ▶ Habits of defensive driving
- ▶ Vehicle technology and safety features
- ▶ Scenario-based training
- ▶ Personal driving behaviors and risk-taking tendencies
- ▶ Hazard identification and risk-assessment challenges
- ▶ Application of knowledge and skills testing
- ▶ Personal plan for making effective driving choices

Getting started with NSC Instructor Certification

The National Safety Council has made it easier than ever to become a certified Defensive Driving Course instructor. Through our new **eLearning Instructor Certification Course**, you schedule training at your convenience. The web-based program invites candidate instructors to complete the course at their own pace, with the added benefits of eliminating travel expenses and less time away from home and work.

The Instructor Certification Course combines best practice facilitation and training methods for teaching defensive driving, instructions how to teach the course along with scenario-based training depicting actual instructor-student interactions. Learn more about eLearning Instructor Certification at [nsc.org/ Certified-Instructor](http://nsc.org/Certified-Instructor)

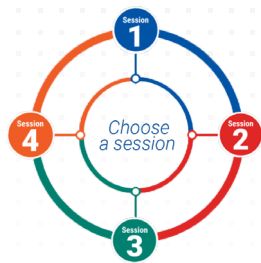


**Keeping your
drivers engaged
with high-
impact videos and
real-life driving
scenarios**

Call us today to learn more
(800) 621-7619

Visit: nsc.org/DDC10-Learn
Request info: nsc.org/DDC10-Info

Overview of the 4-Hour Defensive Driving Course by Session and Lesson



Lesson	Lesson Title	Length
Session 1		60 minutes
1-1	Course Introduction	10 minutes
1-2	What's in Our Control	15 minutes
1-3	What Can Happen	10 minutes
1-4	Defensive Driving and Collision Prevention	10 minutes
1-5	Occupant Safety and Vehicle Safety Mechanisms	10 minutes
BREAK		5 minutes
Session 2		60 minutes
2-1	Sharing the Road	10 minutes
2-2	Hazard Recognition and the "What If?" Strategy	10 minutes
2-3	Deadly Choice: Speeding	10 minutes
2-4	Aggressive Driving and Road Rage	10 minutes
2-5	Deadly Choice: Following Too Closely	10 minutes
BREAK		10 minutes

Lesson	Lesson Title	Length
Session 3		60 minutes
3-1	Deadly Choice: Distracted Driving	15 minutes
3-2	Deadly Choices: Vehicle and Lane Management	30 minutes
3-3	Substance Impairment	15 minutes
Session 4		60 minutes
BREAK		5 minutes
4-1	Drowsy Driving	10 minutes
4-2	Recognize the Hazard and Make the Right Choice	10 minutes
4-3	My Driving Habits and Alternative Choices	15 minutes
4-4	My Plan	10 minutes
Final Test and Dismissal		10 minutes

NSC
Driver Safety
Training

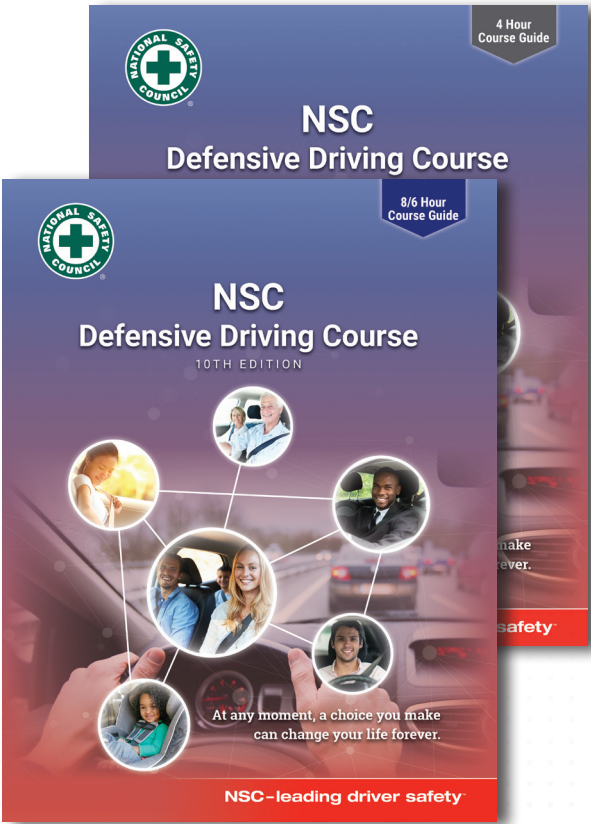


Defensive Driving Course

10TH EDITION

Overview by Course Length Session and Lesson

Classroom Instruction for:



The **Defensive Driving Course** is the fundamental driver safety training program of the National Safety Council providing learners with core defensive driving knowledge and techniques. The Defensive Driving Course can be delivered in **8-hours, 6-hours or 4-hours** based on the participant's needs and the organization's training requirements.

Overview of the 8-Hour Defensive Driving Course by Session and Lesson



Lesson	Lesson Title	Length
Session 1		60 minutes
1-1	Course Introduction	10 minutes
1-2	My Current Driving Behaviors	15 minutes
1-3	What Can Happen	10 minutes
1-4	The Choices We Make	10 minutes
1-5	What's In Our Control	10 minutes
BREAK		5 minutes
Session 2		60 minutes
2-1	Defensive Driving and Collision Prevention	10 minutes
2-2	Who's on the Road	10 minutes
2-3	Hazard Recognition and the "What If?" Strategy	15 minutes
2-4	Occupant Safety and Vehicle Safety Mechanisms	15 minutes
BREAK		10 minutes

Lesson	Lesson Title	Length
Session 3		60 minutes
3-1	Deadly Choice: Speeding	15 minutes
3-2	Deadly Choice: Following Too Closely	15 minutes
3-3	Aggressive Driving and Road Rage	15 minutes
3-4	Deadly Choice: Distracted Driving	15 minutes
Session 4		60 minutes
BREAK		5 minutes
4-1	Substance Impairment	15 minutes
4-2	Drowsy Driving	10 minutes
4-3	Know Your Traffic Laws	10 minutes
4-4	Recognize the Hazard and Make the Right Choice, Part 1	10 minutes
4-5	Multilane Roads	10 minutes
LUNCH OR END OF DAY 1		

Overview of the 6-Hour Defensive Driving Course by Session and Lesson



Lesson	Lesson Title	Length
Session 1		60 minutes
1-1	Course Introduction	15 minutes
1-2	My Current Driving Behaviors	15 minutes
1-3	What Can Happen	10 minutes
1-4	The Choices We Make	10 minutes
1-5	What's In Our Control	10 minutes
Session 2		60 minutes
2-1	Defensive Driving and Collision Prevention	10 minutes
2-2	Who's on the Road	10 minutes
BREAK		10 minutes
2-3	Hazard Recognition and the "What If?" Strategy	15 minutes
2-4	Occupant Safely and Vehicle Safety Mechanisms	15 minutes
Session 3		60 minutes
3-1	Deadly Choice: Speeding	15 minutes
3-2	Deadly Choice: Following Too Closely	15 minutes
3-3	Aggressive Driving and Road Rage	15 minutes
3-4	Deadly Choice: Distracted Driving	15 minutes
LUNCH OR END OF DAY 1		

Lesson	Lesson Title	Length
Session 4		60 minutes
4-1	Substance Impairment	15 minutes
4-2	Drowsy Driving	10 minutes
4-3	Know Your Traffic Laws	10 minutes
4-4	Recognize the Hazard and Make the Right Choice, Part 1	15 minutes
4-5	Multilane Roads	10 minutes
Session 5		60 minutes
5-1	Deadly Choice: Turning Improperly	10 minutes
5-2	Passing and Overtaking	10 minutes
5-3	Deadly Choice: Driving Left of Center	10 minutes
BREAK		10 minutes
5-4	Deadly Choice: Violating Right of Way	10 minutes
5-5	Roadway Maintenance and Construction	10 minutes
Session 6		60 minutes
6-1	Dealing with Other Road Users	15 minutes
6-2	Recognize the Hazard and Make the Right Choice, Part 2	10 minutes
6-3	10 Habits of Defensive Driving	10 minutes
6-4	My Plan	10 minutes
Final Test and Dismissal		15 minutes

Lesson	Lesson Title	Length
Session 5		60 minutes
5-1	Deadly Choice: Turning Improperly	10 minutes
5-2	Passing and Overtaking	10 minutes
5-3	Deadly Choice: Driving Left of Center	10 minutes
5-4	Deadly Choice: Violating Right of Way	10 minutes
5-5	Roadway Maintenance and Construction	10 minutes
5-6	Trains and Grade Crossings	10 minutes
Session 6		60 minutes
BREAK		5 minutes
6-1	Dealing with Other Road Users	15 minutes
6-2	Recognize the Hazard and Make the Right Choice, Part 2	10 minutes
6-3	Review: Avoiding the Six Deadly Choices	10 minutes
6-4	10 Habits of Defensive Driving	10 minutes
BREAK		10 minutes

Lesson	Lesson Title	Length
Session 7		60 minutes
7-1	What Happens When...	15 minutes
7-2	Vehicle Inspection and Maintenance	10 minutes
7-3	Dealing with Immediate Danger	15 minutes
7-4	Was It Preventable?	15 minutes
BREAK		5 minutes
Session 8		60 minutes
8-1	My Driving Habits	15 minutes
8-2	Alternative Choices	15 minutes
8-3	My Plan	15 minutes
Final Test and Dismissal		15 minutes

Defensive Driving Courses: INSTRUCTOR CERTIFICATION

National Safety Council Defensive Driving Course instructors are the core to our proven success and global recognition. They are committed to teaching our standardized curriculum guaranteeing consistency in content and facilitation while providing a positive learning and interactive classroom experience.

NSC has made it easier than ever to become a certified Defensive Driving Course instructor through our **eLearning Instructor Certification Course**. Through the web-based course, you can:

- ▶ Schedule training at your convenience
- ▶ Eliminate travel planning and related expenses
- ▶ Experience less time away from work

What candidate instructors will learn:

The eLearning Instructor Certification Course combines the core knowledge and principles of defensive driving with proven-effective facilitation methods. Candidate instructors learn the necessary skills to teach a successful NSC driver safety program through interactive, scenario-based training. After successfully completing the program, instructors will be able to:

- ▶ Teach drivers with varying skill levels, attitudes and behaviors
- ▶ Understand how to identify each driver's strengths and weaknesses
- ▶ Provide personalized, practical solutions to problematic situations
- ▶ Demonstrate the knowledge and confidence of a driver safety professional
- ▶ Deliver an engaging, positive learning experience
- ▶ Motivate people to be safer and more responsible drivers

Getting started with NSC Instructor Certification

To become a certified instructor, NSC recommends candidates first attend the classroom course they wish to teach. They must then successfully complete the following eLearning Instructor Certification Course units:

- ▶ **Defensive Driving Course Foundation:** Introduces defensive driving principles, reviews standards and regulations and discusses course-specific terminology.
- ▶ **Defensive Driving Course Facilitation:** Learn the instructor's role, responsibility and proper classroom management.
- ▶ **Choice Theory:** Read the book *Choice Theory* by William Glasser, MD, learn and apply Reality Therapy and Choice Theory techniques to help students identify and adopt new behaviors. This unit is only required for Alive at 25, Attitudinal Dynamics of Driving and Chronic Offender courses.
- ▶ **Course-specified Training:** Covers the curriculum for the Defensive Driving Course you plan to teach. *See page 2 for course details and pricing.*



Easy as 1-2-3

1. Contact us at
(800) 621-7619
to register for the
Instructor Certification
Course and order your
Instructor Resource Kit.
2. Simply sign in and
complete your
eLearning Instructor
Certification Course.
3. **Start Teaching!**

To learn more about
eLearning Instructor
Certification: Go to
nsc.org/Certified-Instructor

See reverse side

Eliminating Preventable Deaths®

Defensive Driving Courses:

INSTRUCTOR CERTIFICATION



We offer instructor-led driver safety courses ranging from 3 hours up to 8 hours in length. We provide various programs based on driver experience, skill level, driving behavior and vehicle type. Most importantly, we design our programs based on research and scientific data ensuring drivers learn practical safe driving techniques and behaviors.

The Defensive Driving Course

The NSC flagship driver safety program provides participants with comprehensive defensive driving knowledge and safe driving techniques. Instructors have the flexibility to teach the course in 4-, 6- or 8-hours.

Professional Truck Driver

3- or 4-hour course addresses the most challenging and unsafe driving situations for truck drivers by emphasizing hazard recognition scenarios and real-life driving situations to enhance learner's experience and retention.

Alive at 25®

4-hour young adult program teaches learning-to-drive and newly licensed drivers how to take control of situations by taking responsibility for their driving behaviors.

Attitudinal Dynamics of Driving and Chronic Offender (two separate courses)

8-hour advanced behavior-based courses for drivers with poor driving habits and risky driving behaviors, or those who have multiple traffic violations or had their license suspended.

State Courts against Road Rage

4-hour program to educate and reduce recidivism among drivers charged with serious motor violations.

The Instructor Resource Kit is required to complete the eLearning Instructor Certification Course. It includes your Instructor Manual, Multimedia Presentation, Participant Course Guide, Certificate of Completion, Reference Material and Administrative Guidelines and your first year of Instructor Certification.

Get a closer look at our eLearning Instructor Certification Course, watch a 5-minute video nsc.org/Instructor-Demo

Course Name and Training Materials*		Member Price	Non-Member Price
The Defensive Driving Course	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$895	\$995
Professional Truck Driver	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$695	\$795
Alive at 25	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$695	\$795
Attitudinal Dynamics of Driving	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$795	\$895
Chronic Offender	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$795	\$895
State Courts Against Road Rage	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$695	\$795

*Payment for eLearning Instructor Certification Course and Instructor Resource Kit is required prior to beginning the eLearning Instructor Certification Course. Your first-year of Instructor credential is included when you complete the eLearning Instructor Certification Course. Instructor recertification is billed annually after that.